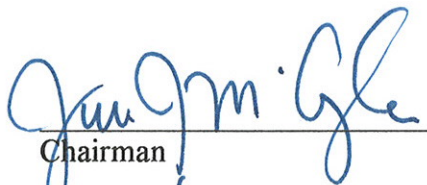


**AMENDMENT NO. 3
TO THE
MARCH 1, 2007 RULES AND REGULATIONS
OF PLAN 501-A
OF THE
UNITED FOOD AND COMMERCIAL WORKERS AND
EMPLOYERS ARIZONA HEALTH AND WELFARE TRUST**

Effective May 1, 2008, Article 3, Section 3B.01 is amended and restated to read as follows:

Section 3B.01 Schedule of Accidental Death and Dismemberment Benefits. Subject to the provisions of the group policy, the Plan provides a Covered Employee, while eligible for this benefit, an Accidental Death and Dismemberment Benefit in a face amount of \$10,000. A certificate reflecting benefits and options available under the group policy will be provided to Covered Employees.

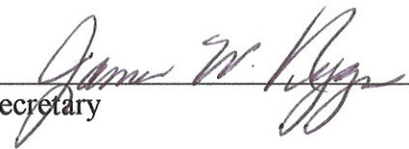
The undersigned Chairman and Secretary of the UFCW and Employers Arizona Health and Welfare Trust do hereby certify that the foregoing Amendment to the Plan 501-A Rules and Regulations was duly adopted by the Board of Trustees at a meeting duly called and held on October 16, 2008.



Chairman

10/16/08

Date



Secretary

10-16-08

Date