

**AMENDMENT NO. 2
TO THE
MARCH 1, 2007 RULES AND REGULATIONS
OF PLAN 501-A
OF THE
UNITED FOOD AND COMMERCIAL WORKERS AND
EMPLOYERS ARIZONA HEALTH AND WELFARE TRUST**

1. Effective March 1, 2007, the following bullet point is added to precede the subsequent bullet points of Article 4, Part A, Section 4A.03(k):

- Prescribed by a legally qualified Physician.

2. Effective March 1, 2007, the following paragraph is added to Article I, Section 1D.02:

A Certificate will also be provided upon receipt of a written request for such a Certificate that is received by the Fund Office within two years after the date coverage ended under this Plan. The written request must be mailed, faxed or e-mailed to the Fund Office and should include the names of individuals for whom a certificate is requested (including spouse and dependent children) and the address where the Certificate should be mailed. A copy of the Certificate will be mailed by the Trust to the address indicated.

3. Effective January 1, 2008, Article 4, Part A, Section 4A.01 is amended to add the following under the heading "Benefits Subject to Deductible":

	PPO	NON-PPO
Mammography Screening	90%	80%
Baseline (Women 30-39); Thereafter, Yearly or as Physician-Recommended; No Deductible		

4. Effective January 1, 2008, Article 4, Part A, Section 4A.02 is amended to add a subsection (g) to read as follows:

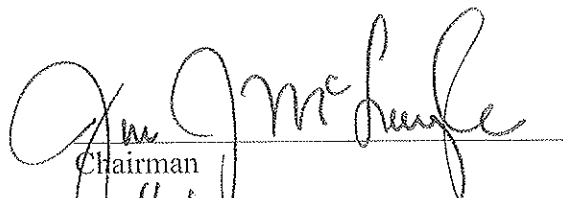
- (g) Mammography Screening. Charges for (i) a single baseline screening mammogram for women between the ages of 30 and 39 and (ii) an additional mammogram every year for women age 40 and over (or more frequently for such women based on the recommendations of a Physician). This benefit is subject to a calendar year maximum of \$300. The deductible does not apply to this benefit.

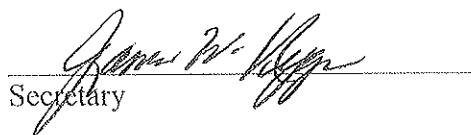
5. Effective January 1, 2008, the provisions of Article I, Section 1B.01(b) relating to the termination of employee eligibility are amended and restated to read as follows:

(b) At the end of the month for which eligibility is generated under Section 1B.01 or, if earlier:

- (1) At the end of the month the Fund Office receives notice from the Contributing Employer that the Employee's employment has terminated; or
- (2) At the end of the day the Fund Office receives notice that an appropriate governmental agency has certified that the Employee's bargaining unit is no longer represented by the Union.

The undersigned Chairman and Secretary of the UFCW and Employers Arizona Health and Welfare Trust do hereby certify that the foregoing Amendment to the Plan 501-A Rules and Regulations was duly adopted by the Board of Trustees at a meeting duly called and held on March 20, 2008.


Chairman
4/7/08
Date


Secretary
4-7-08
Date