

UNITED FOOD AND COMMERCIAL WORKERS & EMPLOYERS
Arizona Health & Welfare Trust

ADMINISTRATOR: Southwest Service Administrators, Inc.
2400 W. Dunlap Ave., Suite 250 • Phoenix, AZ 85021 • Phone 602-249-3582 • Toll Free 1-800-474-3485 • Fax 602-249-3795

IMPORTANT BENEFIT CHANGE NOTICE

***** TO: PLAN C2 PARTICIPANTS *****

Your Board of Trustees are pleased to announce an **additional benefit** to your Trust Fund Health Plan.

Effective March 1, 2007, an ***annual physical exam benefit of \$200 has been added*** for eligible participants and their dependents. Allowable expenses covered by the physical exam benefit include mammograms, gynecological exams, pap smears and other routine type healthcare expenses.

This benefit is **not subject to your annual deductible** and is paid at 100% up to \$200 per calendar year.

In addition, the Board of Trustees has adjusted the plan's disability waiver of self payment benefit from six to three months.

Please file this notice with your Summary Plan Description ("SPD") booklet; updated SPDs will be printed soon.

Please call the Fund Office if you have any questions about these benefit changes.

Sincerely,

BOARD OF TRUSTEES
FEBRUARY 1, 2007