

UNITED FOOD AND COMMERCIAL WORKERS & EMPLOYERS
Arizona Health & Welfare Trust

ADMINISTRATOR: Southwest Service Administrators, Inc.
2400 W. Dunlap Ave., Suite 250 • Phoenix, AZ 85021 • Phone 602-249-3582 • Toll Free 1-800-474-3485 • Fax 602-249-3795

IMPORTANT BENEFIT CHANGE NOTICE

******* TO: PLAN C PARTICIPANTS *******

As you know, healthcare costs continue to rise at an alarming pace. Your Board of Trustees have agreed to make a modest change to the Continuation of Coverage rules to ensure the continued financial health of your plan for all of its participants.

1. Effective March 1, 2007, the ***Disability Waiver of Self Payment*** period will change from six to three months.

Please call the Fund Office if you have any questions about this benefit change.

Sincerely,

BOARD OF TRUSTEES
FEBRUARY 1, 2007