

SMWIA Local 49 Family Health Plan

Administrative Office
4775 Indian School Road, NE • Suite 105 • Albuquerque, New Mexico 87110
Phone 505-265-8422 • Toll Free 1-800-432-6636
www.southwestservicepa.net



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Dear SMWIA Local 49 Family Health Plan Member:

Effective April 1, 2009 there will be some changes to your prescription drug benefit plan. The first change requires that all specialty drugs be filled through the Walgreen's Specialty Pharmacy, managed by MedMark. You can receive your first "fill" at your local pharmacy, but after that, you must use the MedMark Specialty Pharmacy. The second change will be the implementation Step Therapy for commonly prescribed brand name medications. And finally, the plan will be imposing quantity limits for certain drugs. You will find a list of drugs and the quantity limits on these drugs enclosed with this letter. You may also find a list of these quantity limits on your company web page. The information below will help you understand how these changes may affect filling your next medication prescription.

Medmark, A Walgreens Specialty Pharmacy

There are certain medications that provide complex therapies and may have special storage and handling requirements. Some of these specialty medications include costly injectable therapies and select chemotherapeutic agents. EnvisionRxOptions has selected Medmark, A Walgreens Specialty Pharmacy as an exclusive provider for your specialty medications as part of your prescription drug plan. What this means for you is that you and your loved ones will receive the personalized care and expertise of Medmark's dedicated pharmacists, which is essential to successful therapy. This is because Medmark, A Walgreens Specialty Pharmacy goes beyond traditional retail pharmacy, helping you get the most from your specialty medication therapy.

Because specialty medications can be more difficult to manage, Medmark offers the following patient support services at no charge:

- Personalized support to help you achieve the best results from your prescribed therapy
- Convenient delivery to your home or prescriber's office
- Easy access to a Care Team who can answer medication questions, provide educational materials about your condition, help you manage any potential medication side effects, and provide confidential support—all with one toll-free phone call
- Assistance with your specialty medication refills

As a convenience, you can choose to receive your first specialty prescription through the mail or pick it up at a retail location. If you have any questions, or to begin to take advantage of these complimentary patient support services, please call Medmark, A Walgreens Specialty Pharmacy toll free at **(866) 525-1589**.

30-Day Specialty Drug Copayment			
	Tier 1 <i>Generic</i>	Tier 2 <i>Formulary Brand</i>	Tier 3 <i>Non-Formulary Brand</i>
Level A Copayment	\$10	\$15	\$30
Level B Copayment	\$15	\$20	\$35

In addition to the Specialty Pharmacy requirement, we are also implementing Step Therapy for three commonly prescribed brand name medications. Please read the information that follows in order to understand Step Therapy and how it may affect filling your next prescription.

What is a Step Therapy?

Step therapy is the practice of beginning drug therapy for a medical condition with the safest and most cost-effective drug therapy and progressing to other more costly therapy(s), only if necessary. The aim is to provide a safe therapy option while controlling costs for the member.

Step therapy requires a member to try the first line medication within the drug class, usually a generic alternative, prior to receiving coverage for a second line medication, which is usually a branded medication.

Effective April 1, 2009, these step therapies will be implemented as part of your prescription benefit. If you are currently taking one of these medications (in the left column), your prescription will not be covered until you have tried one of the first line medications (in the right column) or have contacted EnvisionRxOptions at 1-800-361-4542 to complete the prior authorization process.

Step Therapy Regimen	
Drug Name	Criteria (1st line medications)
Ambien® CR	Must have tried and failed Zolpidem (generic Ambien®) prior to use
Singulair®	Must have tried and failed other non sedating anti-histamine therapy (ex. Claritin®) prior to use as a non sedating antihistamine
Vytorin®	Must have tried and failed statin (ex. Simvastatin) therapy prior to use

How does Step Therapy work?

When a prescription is submitted at the pharmacy for a medication that is not a first line agent, and there is no evidence of the first line agent in prescription history, the prescription will reject and instruct the member or the pharmacist to contact the prescribing physician. Only the physician can approve or change the prescription to a first line medication.

If a first line agent has already been tried or the physician decides that a different agent is needed for medical reasons, the physician can request a prior authorization (PA). The clinical team reviews the PA and checks with the plan's guidelines to see if the second line agent can be covered. If it can, there may be a higher copayment than for the first line drug. If the PA does not meet established clinical criteria, it is denied and the member is charged full price of the drug.

Quantity Limits

As we mentioned previously, quantity limits for certain medications have been added to your plan. These medications will be limited to a certain quantity for a 30 day and 90 day supply. If you have questions a list of these medications can be found on the plan website at www.southwestservicetpa.com, or by contacting EnvisionRxOptions at 1-800-361-4542

If you have questions on any of these process changes or general questions concerning your prescription benefit plan, please contact the EnvisionRxOptions Help Desk at 1-800-361-4542.

Sincerely,

EnvisionRxOptions and SMWIA Local 49 Family Health Plan

EnvisionRxOptions Recommended

Quantity Limits

Brand Drug Name	Generic Drug Name	Drug Class	Retail quantity	Mailorder Quantity
Actiq	Fentanyl Citrate Lollipop	Analgesic	120 units	360 units
Acerbid & Acerbid M Inh 250mcg/7ml	Fluticasolide	Asthma/COPD inhaler	7 ml (1 inh)	21 ml (3 inh)
Alupent Inh/refill 650mcg/ 14ml	Metaproterenol Sulfate	Asthma/COPD inhaler	28 ml (2 inh)	84 ml (6 inh)
Anzemet tabs	Dolasetron	Nausea	21 tabs	63 tabs
Anzemet vial for oral use	Dolasetron	Nausea	10 ml	30 ml
Amerge 1mg, 9s	Naratriptan	Migraine medication	9 tabs	27 tabs
Amerge 2.5mg, 9s	Naratriptan	Migraine medication	9 tabs	27 tabs
Atrovent 10mcg/14ml Inh	Ipratropium	Asthma inhaler	28 ml (2 inh)	84 ml (6 inh)
Axert 6.25mg tabs	Almotriptan	Migraine medication	9 tabs	27 tabs
Axert 12.5mg tabs	Almotriptan	Migraine medication	9 tabs	27 tabs
Azmacort 100mcg/20ml	Triamcinolone	Asthma/COPD inhaler	40 ml (2 inh)	120 ml (6 inh)
Butorphanol NS 2.5ml	Butorphanol Tartrate	Analgesic	6 ml (2 units)	18 ml (6 units)
Cialis tabs	Tadalafil	Erectile dysfunction	6 tabs	18 tabs
Combivent Inh 15ml	Albuterol Sulf/Ipratropium	Asthma/COPD inhaler	30 ml (2 inh)	90 ml (6 inh)
Edex & Caverject	Alprostadil	Erectile dysfunction	6 inj	18 inj
Fentanyl patches	Fentanyl TD Patch	Analgesic	10 patches	30 patches
Fentora buccal tab	Fentanyl Citrate Buccal Tab	Analgesic	120 tabs	360 tabs
Flovent 44mcg Inh 13gm	Fluticasone Propionate	Asthma/COPD inhaler	26 gm (2 inh)	78 gm (6 inh)
Flovent 110mcg Inh 8gm	Fluticasone Propionate	Asthma/COPD inhaler	16 gm (2 inh)	48 gm (6 inh)
Flovent 110mcg Inh 13gm	Fluticasone Propionate	Asthma/COPD inhaler	26 gm (2 inh)	78 gm (6 inh)
Flovent 220mcg Inh 8gm	Fluticasone Propionate	Asthma/COPD inhaler	16 gm (2 inh)	48 gm (6 inh)
Flovent 220mcg Inh 13gm	Fluticasone Propionate	Asthma/COPD inhaler	26 gm (2 inh)	78 gm (6 inh)
Flovent HFA 220 mcg inh 12gm	Fluticasone Propionate HFA Inhal Aerosol	Asthma/COPD inhaler	24 gm (2 inh)	72 gm (6 inh)
Flovent HFA 110 mcg inh 12gm	Fluticasone Propionate HFA Inhal Aerosol	Asthma/COPD inhaler	24 gm (2 inh)	72 gm (6 inh)
Flovent HFA 44 mcg inh 10.6gm	Fluticasone Propionate HFA Inhal Aerosol	Asthma/COPD inhaler	22 gm (2 inh)	66 gm (6 inh)
Flovent Rotadisk 50mcg	Fluticasone Propionate	Asthma/COPD inhaler	4 pak (60 discs)	180 discs
Flovent Rotadisk 100mcg	Fluticasone Propionate	Asthma/COPD inhaler	4 pak (60 discs)	180 discs
Flovent Rotadisk 250mcg	Fluticasone Propionate	Asthma/COPD inhaler	4 pak (60 discs)	180 discs
Fosamax 35mg tabs	Alendronate	Osteoporosis	4 tabs	12 tabs
Fosamax 70mg tabs	Alendronate	Osteoporosis	4 tabs	12 tabs
Foradil Inhalant Caps/Aerolizer, 60s	Formoterol Fum.	Asthma/COPD inhaler	60 caps	180 caps
Prova 2.5mg tabs 9's	Frovatriptan	Migraine	9 tabs	27 tabs
Imitrex 100mg tabs	Sumatriptan	Migraine	9 tabs	27 tabs
Imitrex 25mg tabs	Sumatriptan	Migraine	9 tabs	27 tabs
Imitrex 50mg tabs	Sumatriptan	Migraine	9 tabs	27 tabs
Imitrex 6mg/.05ml Injectable Kit	Sumatriptan	Migraine	2 kits (4 doses)	6 kits (12 doses)
Imitrex 6mg/.05ml Injectable Vial	Sumatriptan	Migraine	5 vials (5 doses) 2.5ml	15 vials
Imitrex NS 20mg/6ml	Sumatriptan	Migraine	1 bx (6 doses) 6ml	3 boxes (18ml)
Imitrex NS 5mg	Sumatriptan	Migraine	3bx (18 doses) 18ml	6 bx (54 doses) 54ml
Intal Inhaler 9gm	Cromolyn Sodium	Asthma/COPD inhaler	18 gm (2 inh)	54 gm (6 inh)
Intal Inhaler 15gm	Cromolyn Sodium	Asthma/COPD inhaler	14 gm (1inh)	42 gm (3 inh)
Kytril 1mg tab	Granisetron	Nausea	21 tabs	63 tabs
Kytril 2mg/10ml soln	Granisetron	Nausea	30 ml	90 ml
Levitra Tabs	Vardenafil	Erectile dysfunction	6 tabs	18 tabs
Maxair Autoinhaler 14gm	Pirbuterol	Asthma/COPD inhaler	28 gm (2 inh)	84 gm (6 inh)
Maxalt 5mg tab	Rizatriptan	Migraine	9 tabs	27 tabs
Maxalt 5mg MLT	Rizatriptan	Migraine	9 tabs	27 tabs
Maxalt 10mg tab	Rizatriptan	Migraine	9 tabs	27 tabs
Maxalt 10mgMLT	Rizatriptan	Migraine	9 tabs	27 tabs
Oxycontin	Oxycodone - sustained release	Analgesic	60 tabs	180 tabs
Percoet 5/325 mg tab	Oxycodone w/ Acetaminophen Tab	Analgesic	360 tabs	1080 tabs
Percoet 7.5/500 mg tab	Oxycodone w/ Acetaminophen Tab	Analgesic	240 tabs	720 tabs
Percoet 10/650 mg tab	Oxycodone w/ Acetaminophen Tab	Analgesic	180 tabs	540 tabs
ProAir HFA	Albuterol Sulfate Inhal Aero	Asthma/COPD inhaler	17 gm (2 inh)	51 gm (6 inh)
Proventil HFA	Albuterol Sulfate Inhal Aero	Asthma/COPD inhaler	20 gm (3 inh)	60 gm (9 inh)
Proventil/Ventolin Inh/17ml & 17ml Refill	Albuterol	Asthma/COPD inhaler	34 ml (2 inh)	102 ml (6 inh)
Pulmicort Turbuhaler Pwd 200mcg	Budesonide	Asthma/COPD inhaler	2 inh	6 inh
Pulmozyme	Dornase Alfa Inhal Soln	Cystic Fibrosis	2 boxes (150 units)	6 boxes (450 units)
QVAR	Budesonide	Asthma/COPD inhaler	18 gm (2 inh)	54 gm (6 inh)
	Budesonide		18 gm (2 inh)	54 gm (6 inh)
Relpax 20mg tabs	Eletriptan	Migraine	9 tabs	27 tabs
Relpax 40mg tabs	Eletriptan	Migraine	9 tabs	27 tabs
Serevent diskus 50mcg	Salmeterol	Asthma/COPD inhaler	60 blisters	180 blisters
Tilade	Nedocromil Sodium Inhal Aerosol	Asthma/COPD inhaler	49 gm (3 inh)	146 gm (9 inh)
Tobi	Tobramycin Nebul Soln	Asthma inhalation solution	280 ml(56 amps)	840 ml(168 amps)
Ventolin HFA	Albuterol Sulfate Inhal Aero	Asthma/COPD inhaler	36 gm (2 inh)	108 gm (6 inh)
Viagra Tabs	Sildenafil	Erectile dysfunction	6 tabs	18 tabs
Vicodin 5/500 mg tab	Hydrocodone-Acetaminophen Tab	Analgesic	240 tabs	720 tabs
Vicodin ES 7.5/750 mg tab	Hydrocodone-Acetaminophen Tab	Analgesic	150 tabs	450 tabs
Vicodin HP 10/660 mg tab	Hydrocodone-Acetaminophen Tab	Analgesic	180 tabs	540 tabs
Zomig 2.5mg Tabs/ZMT	Zolmitriptan	Migraine	9 tabs	27 tabs
	Zolmitriptan	Migraine	9 tabs	27 tabs
Zomig 5mg Tabs/ZMT	Zolmitriptan	Migraine	9 tabs	27 tabs
	Zolmitriptan	Migraine	9 tabs	27 tabs
Zomig Nasal Spray 5mg	Zolmitriptan	Migraine	6 units (1 pak)	18 units (3 paks)
Zofran 24mg tab	Ondansetron	Nausea	21 tabs	63 tabs
Zofran ODT 4 & 8 mg tab	Ondansetron	Nausea	21 tabs	63 tabs
Zofran 4 & 8 mg tab	Ondansetron	Nausea	21 tabs	63 tabs